

# Prayers and Projects

As you help to prepare your child for First Reconciliation and First Holy Communion, please spend some time practicing their prayers with them.



## **Prayers your children should know:**

The Sign of the Cross  
The Our Father  
The Act of Contrition  
A morning and evening prayer of your choosing

## **Projects for Holy Communion:**

### **First Communion Banner**

#### ***To be turned in prior to First Communion***

Each child will receive a First Communion Banner kit. Instructions are included, and each banner will hang on the Family Pew where your family and your child will be seated during the Mass.

### **Acts of Random Kindness Project**

#### ***To be turned in prior to First Communion***

This project is designed to help the children understand the importance of serving others as Jesus did. Please encourage your child to do something for another person, just to be kind. A list of simple acts of kindness is provided, with a sheet of paper where they can write their acts of kindness, and color the picture at the bottom of the page. The papers will be collected and displayed in the church as part of the parish celebration of First Holy Communion.

### **Weekly Prayer Intention Cards**

In your child's folder you will find cards on which they can write a prayer intention. Please bring the cards to Mass and put them in the basket near the altar.

Office of Religious Education  
Saint James Parish  
[lfioranza@sjredbank.org](mailto:lfioranza@sjredbank.org)



Lynda Fiorenza,  
Pastoral Associate  
For Faith Formation