

Suggestions for Acts of Random Kindness

Go through your toys and donate ones you don't play with to charity.

Donate pet supplies to the shelter and go pet some of the animals.

Help a sibling to a chore or other job.

Donate books you no longer read or need.

Write grandparents a letter or draw a picture and mail it to them.

Pray for someone who is sick.

Make a Christmas card for the school bus driver or crossing guard.

Hold the door open for people behind you.

Smile at every single person you see for one whole day (makes a great family challenge!).

Write a thank you note for a teacher or coach.

Take a treat or note to a neighbor or friend who could use a pick-me-up.

Write thank you notes or put together care packages for those who are serving our country in the military.

For one day, try to pick up at least three pieces of trash wherever you are.

Sit with a classmate at lunch that looks lonely or that doesn't have very many friends.

Compliment at least 5 people in one day.

Do an extra household chore without being asked.

I promise to be God's hands on earth
Acts of Random Kindness

My name is: _____

I did these things to show kindness to others

