# Reconciliation Glossary of Terms

# Absolution:

God's forgiveness Received through the words and actions of the priest.

# Act of Contrition:

A prayer we say when we need to say "I am sorry" to God.

# **Examine Our Conscience:**

Think about our choices and whether or not they have hurt God or others.

## Forgive:

To make friends again after someone has hurt you.

# God:

The creator of everything, who made us, loves us, and gave us His son, Jesus.

#### Great Commandment:

"Love God with all you heart. Love your neighbor as yourself."

## Holy Spirit:

The third person of the Holy Trinity, sent to guide us, and help us love one another.

## Jesus:

God's only son, who became one of us, to teach us how to live and love each other.

## Penance:

A prayer we say, or something we do, to make things right after we have done something wrong.

#### **Reconciliation:**

The sacrament through which Catholics receive and celebrate God's love and forgiveness.

#### Sin:

Sin is doing wrong on purpose. It is choosing not to love God, other people, or ourselves.

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